



## **EFPT EXCHANGE PROGRAMME**

**Please see below information on the different vacancies offered by each participating country**

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***(Please contact the local coordinator for any queries regarding the information provided)***



# CROATIA

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## **GENERAL INFORMATION**

City: ZAGREB

Site 1: **University Hospital Center Zagreb**

Address: Kispaticeva 12, 10 000 Zagreb, Croatia

Site 2: **Psychiatric clinic Vrapče**

Address: Bolnička cesta 32, 10 000 Zagreb, Croatia

City: RIJEKA

Site 3: **University Hospital Center Rijeka**

Address: Krešimirova 42, 51 000 Rijeka, Croatia

## **LOCAL INFORMATION**

**Local Coordinator: Nikolina Jovanovic**

e-mail: [nikolina.jovanovic@gmail.com](mailto:nikolina.jovanovic@gmail.com)

Alternative local coordinator: Ivana Kekin

e-mail: [ivananika@gmail.com](mailto:ivananika@gmail.com)

**Chiefs:**

University Hospital Center Zagreb

Professor Miro Jakovljevic

E-mail: [predstojnik\\_psi@kbc-zagreb.hr](mailto:predstojnik_psi@kbc-zagreb.hr)

Psychiatric Clinic Vrapče

Professor Vlado Jukić

E-mail: [vlado.jukic@bolnica-vrapce.hr](mailto:vlado.jukic@bolnica-vrapce.hr)

Department for Psychiatry and Psychological Medicine,

School of Medicine, University of Rijeka

University Hospital Center Rijeka

Professor Tanja Francisković

E-mail: [tanja.franciskovic@medri.hr](mailto:tanja.franciskovic@medri.hr)

**ROTATION INFORMATION**

Area(s): clinical psychiatry, psychotherapy, psychophysiology

Unit(s): Emergency unit, Day Hospital, First Psychosis Programme, Sleep Centre

Length: between 2 and 6 weeks

Periods available to rotate: All year round

## **REQUIREMENTS FOR THIS ROTATION**

Local language proficiency: Fluent Croatian

English speaking trainee available: Yes

## **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

### **PROGRAMME 1**

Site: University Hospital Center Zagreb, Psychiatric Day Hospital

Head: Dr Vlasta Štalekar, E-mail: [vstalekar@inet.hr](mailto:vstalekar@inet.hr)

Description: Our Psychiatric Day Hospital programme includes psychodynamic analytic oriented group psychotherapy, psychoeducation, sociotherapy, communication and creative workshops. The team consists of two psychiatrists, two nurses, an art therapist and one or two psychiatric trainees. We would be happy to welcome foreign trainees in our team.

Requirements: Eligible are trainees fluent in Croatian. Each trainee is required to stay with us each day for a minimum of two weeks to fully grasp the concept of our work. We can accept only one person at time.

### **PROGRAMME 2**

Site: Psychiatric clinic Vrapče, Centre for Sleep

Head: Danilo Hodoba, M.D., Ph.D., E-mail: [danilo.hodoba@bolnica-vrapce.hr](mailto:danilo.hodoba@bolnica-vrapce.hr)

Description: The centre was established in 1981 with the aim to diagnose and treat patients that usually fall into a "mixed" category, between psychiatry and neurology (Parkinsonism, agitation as side-effect during antipsychotic treatment, psychiatric symptoms in patients with Mb Huntington, Chorea maior/minor, Multiple sclerosis, Wilson disease, epilepsy, frontotemporal dementias etc.). Our special focus is diagnosis and

treatment of sleep disorders such as narcolepsy, sleep apnoea, insomnia, somnambulism, REM Behaviour Disorder, Pavor nocturnus. We use polysomnography, specific forms of clinical exploration and non-invasive EEG. The staff includes five psychiatrists and neurologists, seven EEG technicians and seven nurses. <http://www.bolnica-vrapce.hr/site2/OrganizacijaBolnice/Klinikazaopćuiforenzicnupsihijatrijui/Kliničkiobjelzapsihofiziologiju.aspx>

Requirements: Trainees speaking Croatian/English.

### **PROGRAMME 3**

Site: Psychiatric clinic Vrapče, Dept. for Diagnostics and Intensive Care

Head: Draženka Ostojić, M.D., Ph.D., E-mail:drazenka.ostojic@bolnica-vrapce.hr

Description: Department was established in 2003 in a renovated hospital building with the aim to admit acutely disturbed patients who need acute diagnostics and intensive care. The department consists of:

- Intensive care unit (10 beds, admission of agitated and aggressive patients, the average length of stay is 16 days and if a patient needs prolonged treatment, they would be transferred to one of the departments within the hospital),
- Emergency unit (32 beds, adult patients from all diagnostic entities who are coming to psychiatric treatment for the first time, or those who are agitated and suicidal) and
- First psychosis unit (32 beds, patients aged 18 – 40 years who are experiencing first episode of psychosis and those who are in treatment for less than 3 years. The average length of stay is 45 days. Activities within the department include diagnostics, pharmacological treatment, education, occupational therapy, socio therapy and sports. After being discharged from the hospital, patients continue the treatment in intensive Day care unit, and as outpatients.)

Requirements: Trainees speaking Croatian/English.

## **PROGRAMME 4**

Site: Psychiatric clinic Vrapče, Department for rehabilitation

Head: Petrana Brečić, M.D., Ph.D., E-mail:petrana.brecic@bolnica-vrapce.hr

Description: Department was established in 2007 in a newly renovated hospital building and consists of three departments - Department for Treatment of Patients with Schizophrenia and psychotic disorders (40 beds), Department for Treatment of Patients with Affective and Anxiety Disorders (40 beds) and Department for occupational therapy and rehabilitation. Patients treated at these departments come here after being treated (and stabilized) at other departments within the hospital. After being discharged from the department, they are expected to take positions they used to hold in their family and social networks. Some of our activities are group therapy, occupational therapy, morning gymnastics, psychoeducation, social and communication skills therapy, bibliotherapy, film therapy, wellness, breathing exercise etc. The staff consists of four psychiatrists, nurses, psychologist, social worker and an defectologist (educational specialist dealing with children/adults) with disabilities.

Requirements: Trainees speaking Croatian/English.

## **PROGRAMME 5**

Site: University Hospital Center Rijeka, Crisis department

Head: Associate Professor Ika Rončević-Gržeta

Description: Department admit patients who experienced some stressful event and develop adverse psychological reaction. The department consists of inpatient and outpatient facilities.

Our hospital and day Hospital program includes psychodynamic analytic oriented group psychotherapy, psychoeducation, sociotherapy and creative

workshops. The team consists of two psychiatrists, two nurses, an art therapist and one or two psychiatric trainees.

Requirements: Only from October till end of June each year. Trainees speaking Croatian/English.

## **PROGRAMME 6**

Site: University Hospital Center Rijeka, Department for adolescent psychiatry

Head: Assistant professor Mirjana Graovac

Description: Department was established in 2000 and consist of inpatient ( 6 beds) and outpatient part (day hospital programs).Day hospital programmes are adapted to age groups of patients and are combination of group therapy or psychodrama with individual therapy and parents groups.

The team consists of three psychiatrists, three nurses, an art therapist, defectologist (educational specialist dealing with children/adults) and one or two psychiatric trainees.

Requirements: Only from October till end of June each year. Trainees speaking Croatian/English.

## **ACCOMMODATION POSSIBILITIES**

With host: No

Hospital residencies: Yes (free in Psychiatric hospital Vrapče)

Hostels and Youth hostels: Yes (Zagreb/Rijeka)

Links: **Youth Hostel Zagreb -**

**<http://www.hfhs.hr/en/hostels/zagreb-youth-hostel-370>**

**Youth Hostel Rijeka - [www.hostelworld.com/YouthHostel](http://www.hostelworld.com/YouthHostel)**

## All hostels -

<http://www.hostelworld.com/findabed.php/ChosenCity.Zagreb/ChosenCountry.Croatia?source=googleadwordsnewdestinationsbroad&gclid=CMYCypz--6oCFc3wzAodqmhn2A>

## COUNTRY INFORMATION

Map of the country:



Languages spoken: Croatian


Currency: The name of the Croatian monetary unit is **KUNA** (KN), which has 100 **lipas**.

Weather:

Zagreb is situated in the continental part of Croatia. The climate is typical for central Europe with cold winters and warm summers. The part of Croatia that is best known and most visited by tourists is the Dalmatian coast and its

islands in the Adriatic Sea. This region has a Mediterranean type of climate with mild winters and warm, sometimes even hot and sunny summers.

Culture and Religion(s):

**Croatia** ( /kroʊˈeɪʃə/ *kroh-AY-shə*; Croatian: Hrvatska pronounced [xř̩ʋaːtska]), officially the **Republic of Croatia** is unique for its crystal clear, clean blue sea, and for a thousand years of different cultures that have replaced each other and sometimes assimilated in these areas. The Adriatic Sea is not only a deep gulf in the Mediterranean cut into the Continent of Europe thereby creating most economical trade route between Europe and the East, it is also the cradle of ancient civilizations. Archaeological findings prove that in the 6th century BC the ancient Greeks had commerce with the Illyrians by means of the sea, and that they founded their colonies there. The country was settled in the 7th century by the Croats.

Today Croatia is a multicultural, secular country. Catholicism is the main religion. The language is Croatian, and the official script used today is Latin. The population (2010.) is 4,486,881, and its capital and largest city is Zagreb. The official flower of the Republic of Croatia is **Iris** (perunika in Croatian).

**Zagreb** is situated in the northwest of the country, along the Sava river, at the southern slopes of the Medvednica mountain. The wider Zagreb metropolitan area has a population of around 1,288,000 people. Zagreb's numerous museums reflect the history, art and culture not only of Zagreb and Croatia, but also of Europe and the world. Around thirty collections in museums and galleries comprise more than 3.6 million various exhibits, excluding church and private collections. Zagreb has been, and is, hosting some of the most popular mainstream artists, and there are about 20 permanent or seasonal theaters and stages. Many Zagreb restaurants offer various specialities of national and international cuisine. Domestic products which deserve to be tasted include turkey, duck or goose with *mlinci* (a kind of pasta), *štrukli* (cottage cheese strudel), *sir i vrhnje* (cottage cheese with cream), *kremšnite* (custard slices in flaky pastry), and *orehnjača* (traditional walnut roll). There are several sports and recreational centers in Zagreb.

Links:

<http://croatia.hr/en-GB/Homepage>

<http://www.zagreb-touristinfo.hr/?l=e>

**Rijeka** (Croatian: *Rijeka*, Croatian pronunciation: [rijɛka]) is the principal seaport and the third largest city in Croatia (after Zagreb and Split). It is located on Kvarner Bay, an inlet of the Adriatic Sea. The conurbation, which includes adjacent towns and municipalities has a population of 213,842 (2011). Historically, because of its strategic position and its excellent deep-water Port of Rijeka, the city was fiercely contested, especially between Italy, Hungary, and Croatia, changing hands and demographics many times over centuries. The terrain configuration, with mountains rising steeply just a few miles inland from the shores of the Adriatic, provides for some striking climatic and landscape contrasts in a small geographic area. Beaches can be enjoyed throughout summer in a typically Mediterranean environment along the coastal areas of the city, while the ski resort of Platak is located only about 10 kilometers (6.2 mi) from the city and offers alpine skiing and abundant snow during winter months.

Rijeka is famous for its alternative music scene, interesting pubs and Mediterranean cuisine.

Hostels: <http://www.hostelbookers.com/hostels/croatia/rijeka/?gclid=CLi45pz4hawCFcWFDgodURoo-w>



# DENMARK

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## **GENERAL INFORMATION**

National Trainee Organization website (in Danish):

<http://www.dpsnet.dk/dps/fyp/>

<https://www.facebook.com/group.php?gid=47311809243>

## **LOCAL COORDINATOR**

René Sjaelland

e-mail:sjaelland@gmail.com

## **ROTATION INFORMATION**

2 rotations so far

Units:

- Psychiatric Centre of Hvidovre, Brøndbyøstervej 160, 2605 Brøndby (Copenhagen area)
- "Stolpegård", Psychotherapeutic Centre, Stolpegårdsvej 20, 2820 Gentofte can offer a 2-day Programme

Content:

Clinical work within the units (acute, closed/open, therapy, community)

Research: 2 PhD students within phenomenological psychopathology

Length: 2-4 weeks

Flexible commencement after further agreement

More to be added!

### **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent Danish

Swedish, Norwegian accepted and mutually intelligible

High level of German or French among doctors

English speaking supervisor available: Yes

### **ACCOMMODATION POSSIBILITIES**

With host: No

Hospital: Yes for free - Psychiatric Centre of Hvidovre, Brøndbyøstervej 160, 2605 Brøndby (Copenhagen area)

Youth hostels: Yes – try hotels.com, hostels.com, booking.com, hostelworld.com

Student accommodation: No

### **TRAVEL AND HEALTH INSURANCE**

To be arranged by the applicant prior to departure.

### **COUNTRY INFORMATION**

Wiki: <http://en.wikipedia.org/wiki/Denmark>

More travel tips:

<http://www.lonelyplanet.com/denmark>

<http://wikitravel.org/en/Denmark>

Be prepared: Living expenses are high in Denmark . There are certain tricks to overcome this, though. Discount supermarket chains ("Netto", "Fakta") have nice high quality food. Brewing your own coffee (a latte is 4,70 €!) , cooking your own meals by far is the cheapest option (and partly why Danes invite friends over instead of going out... and bring lunch to work instead of buying at the canteen). Many museums are free on Wednesdays etc. Renting a bike will save you loads on public transport (a ticket is 3,30€!)

DON'T LET THIS STOP YOU FROM COMING TO DENMARK. There are plenty of free/cheaper opportunities ☺

More information when you arrive depending on wishes ☺

**WELCOME!**



# FRANCE

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## **GENERAL INFORMATION**

**Country:** France

**City :** Angers

**Hospital:** Centre Hospitalier Universitaire (CHU on the map)

**Address:** 4 rue Larrey

49933 Angers Cedex 9

Phone : +33 (0)2 41 35 32 43

Website: <http://www.chu-angers.fr/>

National Trainee Organization website:

[www.affep.fr](http://www.affep.fr)

Local Trainee Association website :

[www.assoaipa.wordpress.com](http://www.assoaipa.wordpress.com)

## **CONTACT INFORMATION**

Local coordinator: Elodie DEL VALLE

e-mail: [elodiedelvalle@gmail.com](mailto:elodiedelvalle@gmail.com)

## **ROTATION INFORMATION**

**Area(s):** Angers

**Unit(s):**

- Unité médico-psycho-sociale (adult psychiatry)
- CAP

**Length:** 4-5 weeks (adult)

4-6 (8 weeks possible and preferred by supervisor for CAP)

**Periods available to rotate:** January to April 2012

### **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent French (to interview psychiatric patients)  
English speaking supervisor available: No (or very basic English)

***An educational contract with equivalences may be done between the 2 heads of department (of origin and reception), the clinical deans and the exchange interns.***

***A certificate may be provided at the end of the rotation***

### **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

**Name of the programme:**

Unité médico-psycho-sociale (adult psychiatry)

Supervisor: Pr GARRE

Description :

- A unit specialised in suicidology care, for neurotic patients (no psychotic patients)
- Pluridisciplinary team : psychiatrists, 1 GP intern (with students) and 1 occupational health professor who work together on the suicidary crisis, depression and anxious disorders.
- Psychiatric team : 1 professor, 1 consultant, 1 SpR, 2 interns and... many students !
- 20 beds (2 for ECT – Electro Convulsive Therapy)

Role of exchange intern: interviewing patients during hospitalisation and prescriptions always under supervision

Possibilities: attending ECT and teachings, following a local intern on shift, on liaison psychiatry and in emergency department

Schedule :

	Monday	Tuesday	Wednesday	Thursday	Friday
8 am	ECT		ECT		ECT
Mornings: arrival at 8.30 am (except on Mondays)	Team meeting at 9am	Visit with professor		Presentations by local interns	Clinical meeting with professor
	Lunch in CHU with the team (free hot meals)				
Afternoons: until 6.30pm		Therapeutic photo workshop		Teaching (visio- conférences)	

**Name of the programme:**

CAP (Child and Adolescent Psychiatry)

Supervisor: Pr DUVERGER

**Description :**

- Strong psychoanalysis influence but no level in psychoanalysis required
- 2 weeks in « clinique de l'adolescent » - Pathologies : anorexia, suicidology, no psychoses (5 beds in paediatrics)
- 2 weeks in liaison psychiatry in neuropaediatrics, oncology, intensive care unit, surgery
- 2 weeks in perinatal with « kangourou unit » (mother/baby unit)
- 2 weeks in consultations – emergency
- Psychiatric team: 1 professor, 1 consultant, 2 SpR, 1 psychologist, 2 interns, 1 (or 2) students

Role of exchange intern: interviewing patients but not alone, prescription under supervision, attending family gatherings

Possibilities: attending teachings, shadow a local intern on shift

Schedule: a lot of meetings depending where you want to work

	Monday	Tuesday	Wednesday	Thursday	Friday
Mornings: arrival at 9.15 am	Meeting with oncology team	Team meeting (everybody)	consultation	Discussion on a case report (with video)	
Lunch in CHU with the team (free hot meals)					
Afternoons: until 6.30/7.30pm	« Clinique de l'adolescent » meeting	Maternity ward meeting	consultation	Meeting in general paediatrics or teaching (1-2 a month)	
Evening until 8-9pm		Obesity meeting			

### **ACCOMMODATION POSSIBILITIES**

**With host:** Yes, at mine but only for few days if booking problems in youth Hostel. It's a shared flat with young professionals (2 males, 2 females in their mid 20s). They agreed and happy to welcome strangers as they're opened-minded. The exchanger would have to sleep in the living room (45 m2). It's a modern flat 3 min by walking to the hospital and 100m from the "CHU" tramway station (direct from train station).

**Hospital residencies:** No

**Youth hostels:** Yes

**Affordable hotels:** Yes

#### **Links:**

- [www.foyerdarwin.com](http://www.foyerdarwin.com)
- [www.ethic-etapes-angers.fr](http://www.ethic-etapes-angers.fr)
- <http://www.hotel-angers.net/>

## **TRAVEL AND HEALTH INSURANCE**

To be arranged by the participant prior to departure with the 2 hospitals (of origin and réception) with a signed agreement sheet.

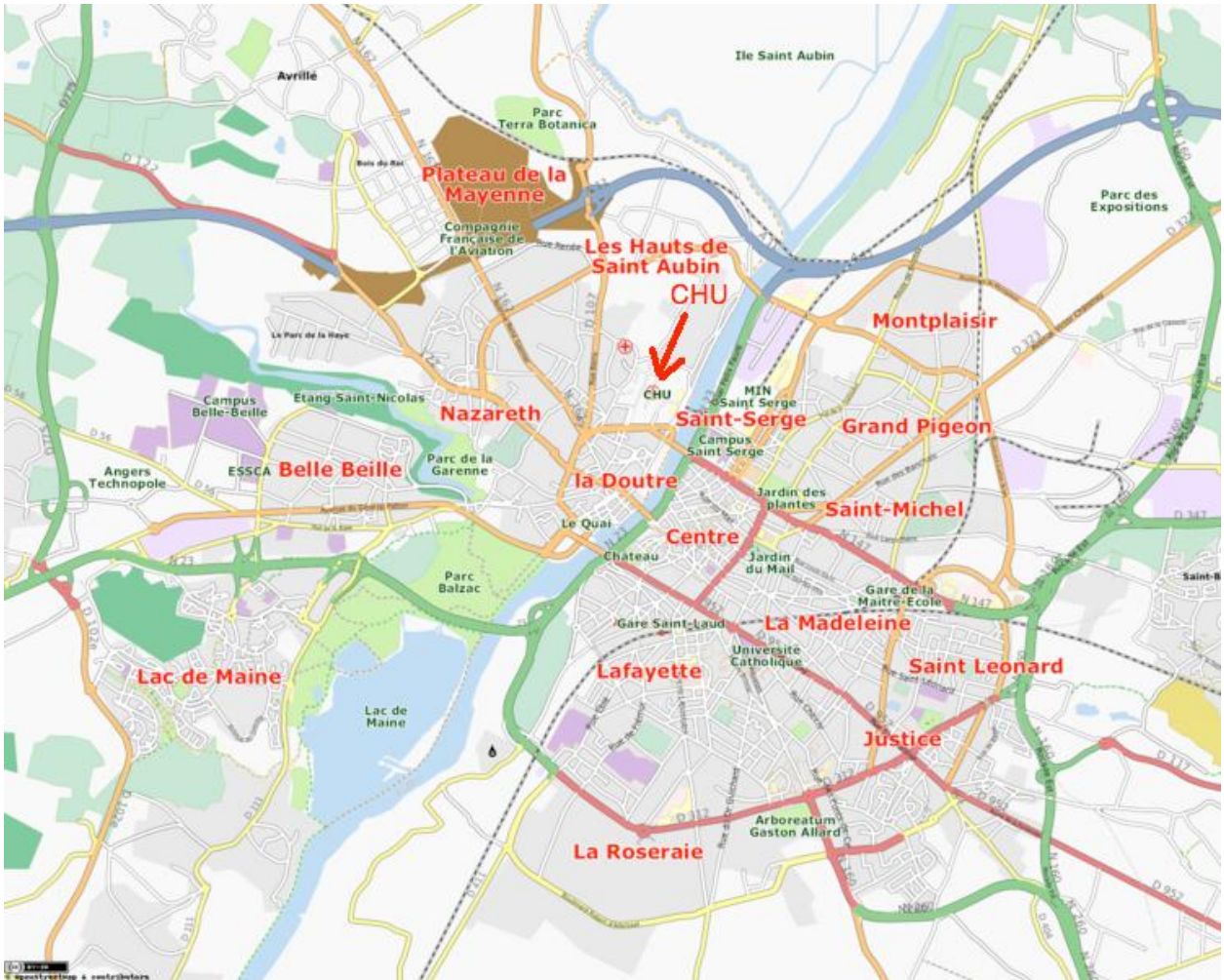
## **COUNTRY INFORMATION**

Map of the country:



City:





**Language spoken:** French, some speak Arabian (from Northern or black Africa)

**Currency:** Euro

**Weather:** oceanic weather : sweet but rainy winter (5 to 10°C)

**Culture and Religions:**

The majority of people is catholic or atheist.

France and moreover Angers have a large proportion of immigrants from Africa (Muslim) in 1960' 1970', Spain in 1930'-1950', more recently from east of Europe, ex-Yugoslavia

The recent immigrant population often consults in psychiatry for psychotraumas (sexual offenses, torture, bombing traumas,...)

**Tourist information** (links) :

- General tourism : <http://www.anjou-tourisme.com/>
- Castles : <http://www.chateauxtourisme.com/>
- Troglodytes (caves) : <http://www.troglo-sarcophages.fr/>
- Restaurants : <http://www.viamichelin.fr/web/Restaurants>
- And so more...

**Local gastronomic specialities :**

- Wines: Layon (blanc), Saumur (blanc and rouge),...
- Fouées: traditional cooked bread with « rillettes » (sort of paté)
- Sweets: Quernons d'Anjou
- Alcohol: Cointreau

**Additional information about the country:**

Key words: cheese, wine, gastronomy, tourism, sky, beach, Paris,...



# IRELAND

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## **GENERAL INFORMATION**

Country: Ireland  
City: Dublin

National Trainee Organization website:  
[http://www.irishpsychiatry.ie/Postgrad\\_Training/Traineecommittee.aspx](http://www.irishpsychiatry.ie/Postgrad_Training/Traineecommittee.aspx)

## **CONTACT INFORMATION**

Local coordinator: Irish Co-ordinator, Dr. Elizabeth Barrett.  
e-mail: [elizabeth.barrett@ucd.ie](mailto:elizabeth.barrett@ucd.ie) and local co-ordinators as below.

There are 3 programmes offered in Ireland:

- General Adult Psychiatry
- Learning Disability Psychiatry
- Child and Adolescent Psychiatry

Trainees will need to contact local hospital co-ordinators by email for information about placements, duration you would like to spend, availability of places etc.

## **General Adult Psychiatry**

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City: Dublin

Hospital: St. Vincent's Hospital

Website: <http://www.stvincents.ie/>

### **ROTATION INFORMATION**

**Area(s):** General Adult Psychiatry (Dublin – city)

**Length:** 2- 6 weeks (flexible)

**Periods available to rotate:** negotiable with local co-ordinator

### **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent English

English speaking supervisor available: Yes

### **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

We offer a 2-6 weeks (flexible) placement within the Department of Psychiatry and Mental Health Research under the Supervision of Dr Ally's Guerandel (Consultant Psychiatrist and Clinical Tutor).

This will be in General Adult Community based Psychiatry and observation of call in a busy A&E Department.

There will also be opportunities to get insight in the management of patients with Eating Disorders, Research in Mental Health and Medical Education.

Please consult the Department page on the Hospital website for further information.

**Supervisor:**

- Local Contact and attachment supervisor: Dr. A. Guerandel, Consultant Psychiatrist.
- Contact details: [a.guerandel@svuh.ie](mailto:a.guerandel@svuh.ie) , phone no. 00 353 1 2773900

**Learning Disability Psychiatry**

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City: Dublin

Hospital: St. Vincent's Hospital,

Website: <http://www.stvincents.ie/>

**ROTATION INFORMATION**

**Area(s):** Learning Disability (Dublin – city)

**Length:** 2- 6 weeks (flexible)

**Periods available to rotate:** negotiable with local co-ordinator

**REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent English

English speaking supervisor available: Yes

## **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

Opportunities exist for a 2- 6 week placement in Learning Disability St. Vincent's on the Navan Road.

Preference will be given to trainees who intend to train in this area or who are considering this. Ideally trainees would already have completed 1-2 years of training prior to this placement.

The Centre is now home to 96 residential service users ranging from 7 – 70 years of age, all living in purpose built bungalows.

There is also a respite facility, which caters for the needs of approximately 40 service users with varying levels of disability. This provides short breaks to families and their carers.

As well as residential services St Vincent's provides a full range of Day Services to over 350 service users on a daily basis.

Trainees would gain exposure to the range of day and residential services offered, the multidisciplinary nature of the team and to the specific mental health needs of individuals with Intellectual disability. Additionally there are opportunities to attend a clinic or individuals with co-morbid epilepsy and to join the service physician for joint assessments.

### **Supervisor:**

- Local Contact and attachment supervisor: Dr. Anita Ambikapathy, Consultant Psychiatrist in the Psychiatry of Intellectual Disability. Contact email: anitadevi14@hotmail.com

## **Child and Adolescent Psychiatry**

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City: Dublin

Hospital: Lucena Clinic, Rathgar, Dublin

Address: 59 Orwell Road

Rathgar, Dublin 6

Website: <http://www.lucenaclinic.ie/index.php>

## **ROTATION INFORMATION**

**Area(s):** Child and Adolescent Psychiatry (Dublin – city)

**Length:** 2- 6 weeks (flexible)

**Periods available to rotate:** negotiable with local co-ordinator

## **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent English

English speaking supervisor available: Yes

## **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

We offer a 2-6 week placement for trainees training in/ planning to train in Child and Adolescent Psychiatry.

This attachment would offer opportunities to experience community based child and adolescent psychiatry at the Lucena Clinic, Rathgar, Dublin.

This would include exposure to multidisciplinary teamwork and referral process, basic assessment, journal club with trainees and exposure to professional training courses/ medical student teaching sessions.

In addition there are opportunities in Liaison (Consultation- Liaison) Psychiatry at Our Lady's Hospital for Children.

Learning experiences here would include multidisciplinary work, interaction with interdisciplinary colleague (nursing, paediatrics etc), exposure to acute presentations in the Emergency department and to the mental health needs of children with chronic illnesses.

Please consult the following websites for further information:

<http://www.lucenaclinic.ie>

<http://www.olhsc.ie/>

## **Supervisor:**

Local Co-ordinator and attachment supervisor: Prof Fiona Mc Nicholas

Contact details: Please contact Marie at [marie.mccourt@sjog.ie](mailto:marie.mccourt@sjog.ie)

## **ACCOMMODATION POSSIBILITIES**

With host: No

Hospital residencies: No

Youth hostels: Yes

Affordable hotels: Yes

Links:

- Youth hostels in Ireland tend to be well equipped and central. [anoige.ie](http://anoige.ie) is the website for the Irish hostel network. Hostelworld.com/Ireland also has a comprehensive listing of hostels.
- For longer stays over summer months, university accommodation in Dublin and Cork may be good options e.g. [www.irelandinsummer.com](http://www.irelandinsummer.com) is a booking website for university accommodation in summer. In Dublin, the Trinity College Dublin accommodation is in the heart of the city.
- [www.daft.ie](http://www.daft.ie) has a service for short term lets/ sublets, which may also be a possibility for those trainees coming to Ireland for several weeks
- Currently Ireland is experiencing a recession, which has had a significant impact on hotel prices- these are now reasonable value, especially for longer stays. Websites such as [travelrepublic.ie](http://travelrepublic.ie) (which will look at short term apartments as well as hotels, several other travel websites such as [hotels.com](http://hotels.com)).

## **TRAVEL AND HEALTH INSURANCE**

To be arranged by the participant prior to departure.

## **COUNTRY INFORMATION**

### **Map of the country:**



### **Languages spoken:**

English, Irish is also an official language but is primarily spoken in the west of Ireland as a first language.

### **Currency:**

Euro

### **Weather:**

Weather in Ireland is generally mild but changeable, so bring a rain coat. A very good synopsis is provided at <http://www.lonelyplanet.com/ireland>

### **Tourist information (links):**

[www.discoverireland.ie](http://www.discoverireland.ie)  
[www.tourismireland.com](http://www.tourismireland.com),  
[www.visitdublin.com](http://www.visitdublin.com)

There is very good information on the website  
<http://www.lonelyplanet.com/ireland>



# PORTUGAL

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## **GENERAL INFORMATION**

Cities:        - Porto  
                  - Lisbon  
                  - Faro (Algarve)

## **EFPT EXCHANGE PROGRAMME - PORTO**

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City: Porto

Hospital: Centro Hospitalar São João

Address: Alameda Prof. Hernâni Monteiro, 4200 – 319; Porto, Portugal

Website: <http://www.hsjoao.min-saude.pt>

## **LOCAL INFORMATION**

**Local Coordinator: Cátia Guerra**

e-mail: [catiaguerra@hotmail.com](mailto:catiaguerra@hotmail.com)

Alternative local coordinator: Catarina Pinto

e-mail: [catspinto@yahoo.co.uk](mailto:catspinto@yahoo.co.uk)

**Chief of the Department of Psychiatry:** Dr. António Roma Torres

## **ROTATION INFORMATION**

**Area(s):** First Psychotic Episode, Eating Behaviour;. Family Therapy

**Unit(s):** Inpatient Unit; Outpatient Unit

**Length:** 2 - 4 weeks

**Periods available to rotate:** All year round

## **REQUIREMENTS FOR THIS ROTATION**

Local language proficiency: Basic or fluent Portuguese

English speaking trainee available: Yes

## **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

**Name of the program:** Contact young people after first Psychotic Episode

**Supervisor:** Dr.<sup>a</sup> Celeste Silveira

In this programme it's our purpose to facilitate the contact with young people who had a first Psychotic Episode, and also with their families and their therapists. Emphasis on psychopathological evaluation and differential diagnosis will be done.

We shall present the multidisciplinary group involved in this programme.

**Name of the programme:** Eating disorders (ED)

**Supervisor:** Dr.<sup>a</sup> Isabel Brandão

- Theoretical explanation on the therapeutic model of the ED Unit (1/2 day)

- Attending clinics
- Acquiring knowledge about clinical cases on inpatient treatment (2x1/2 day)
- Group Therapy: attending 2 sessions in a week (2x2hours)
- Clinical cases presentation (1/2 day)
- Family Therapy of ED patients (2x1/2 day)
- Attending the multidisciplinary weekly team meeting (doctors, psychologists, social workers)

**Name of the programme:** Family Therapy

**Supervisor:** Dr.<sup>a</sup> Filipa Dias da Silva

- Theoretical explanation on Family Therapy and Systemic Intervention (1/2 day)
- How to deal with inter-institutional relations (Mental Health, Court, Social Services)
- Clinical case presentation of psychosocial problems (2x1/2 day)
- Attending family therapy sessions (10h/week)

**Name of the programme:** Sexology

**Supervisor:** Dr.<sup>a</sup> Márcia Mota

- Attending sexology consultation.
- Evaluation, diagnosis and treatment of sexual dysfunctions and sexual programs.

**Name of the programme:** Liaison Psychiatry and Psychosomatics

**Supervisors:** Constança Reis (MD) and Adelaide Costa (MD)

- Liaison Psychiatry ambulatory clinics (10 hours/per week)
- Liaison Psychiatry (hospitalized patients –all medical and surgical Units, except for Psychiatry) - daily
- Smoking cessation ambulatory clinics (5 hours/per week)
- Chronic pain – Psychiatry ambulatory clinics (5 hours/per week)
- Scientific reunion (once per week)

**Name of the programme:** Psycho-Oncology

**Supervisor:** Rosa Grangeia (MD)

- Clinical activities observation
- Participation in ambulatory medical appointments and admitted patients in the oncology units
- Comparison of clinical activities in the different countries

**Name of the programme:** Day Hospital

**Supervisor:** Rosário Curral (MD)

More information available soon.

### **ACCOMMODATION POSSIBILITIES**

With host: Yes

Hospital residencies: No

Hostels and Youth hostels: Yes

Links: The following link is a search engine provided by the Major Office in Porto for different youth hostels, hostels and hotels:

<http://www.visitporto.travel/>

## **EFPT EXCHANGE PROGRAMME - Lisbon**

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City: Lisbon

Hospital: Santa Maria (CHLN)

Address: Av. Prof. Egas Moniz P-1649-035 Lisbon

### **LOCAL INFORMATION**

#### **Local Coordinator: Lucas Manarte**

Email: lucsarte@gmail.com

Chief of the Department of Psychiatry: Prof<sup>a</sup> Maria Luisa Figueira

e-mail: ml.figueira@hsm.min-saude.pt

Senior Consultant: Prof. Marco Paulino

e-mail: mpaulino@netcabo.pt

### **ROTATION INFORMATION**

Area(s): Adolescence; Suicide; Eating Behaviour; First psychotic episode

Unit(s): Inpatient Unit; Day Unit; Outpatient Unit

Length: 4 to 6 weeks

Periods available to rotate: Autumn and Spring time

### **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent

English speaking trainee available: No

### **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

**Name of the programme:** First Psychotic Episode

Supervisor: Dr. Pedro Levy

Integrative programme (outpatient, inpatient and community interventions) with an international protocol of evaluation (psychopathology, neuropsychology and imaging). Psychology and medical intervention during the crisis. Community follow up during 2 years

**Name of the programme:** Adolescent and youth crisis intervention

Supervisor: Prof. Daniel Sampaio

Evaluation and intervention (medical and psychological) program in a day unit for adolescents and young adults after a suicide attempt and/or with significant psychopathology. Outpatient clinic for adolescence and eating disorders behaviours

### **ACCOMMODATION POSSIBILITIES**

With host: No

Hospital residencies: No

Youth hostels: Yes

Links: <http://microsites.juventude.gov.pt/Portal/pt/PLisboa.htm>

<http://www.lisbon-guide.info/accommodation/independent-youth-hostels>

Affordable hotels: Yes

Links: <http://www.hoteis.pt/9456/Pousada-de-Juventude-Lisboa>

## **EFPT EXCHANGE PROGRAMME - Faro**

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City: Faro (Algarve)

Hospital: Hospital de Faro

Address: Rua Leão Penedo - 8000-386 Faro; Portugal

Website: [www.hdfaro.min-saude.pt](http://www.hdfaro.min-saude.pt)

## **LOCAL INFORMATION**

**Local Coordinator:** Duarte da Palma

Email: [palmateixeira@sapo.pt](mailto:palmateixeira@sapo.pt)

Chief of the Department of Psychiatry: Ana Cristina Trindade

Senior Consultant: António Gonçalves

e-mail: [secpsiquiatria@hdfaro.min-saude.pt](mailto:secpsiquiatria@hdfaro.min-saude.pt)

## **ROTATION INFORMATION**

Area(s): Inpatient, Community Psychiatry

Unit(s): Psychiatry Service

Length: 4 to 6 weeks

Periods available to rotate: from October until June (not in July, August and September)

## **REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent

English speaking trainee available: No

French speaking trainee available: Yes

## **BRIEF DESCRIPTION OF THE PROGRAMME(S)**

**Name of the programme:** Inpatient

Supervisor: Dr. António Gonçalves

This programme's objective is to have contact with the Psychiatry Department's inpatient unit. Its capacity is for 35 patients, with a high rate of admission of a variety of psychotic and affective disorders. The work developed here consists of medical and psychological intervention, group sessions once a week and occupational therapy.

**Name of the programme:** Community Psychiatry

Supervisor: Dra. Ana Cristina Trindade

Integrative program consisting in community follow up of patients, by a multidisciplinary team of psychiatrist, psychologists, nurses, social workers and occupational therapists.

## **ACCOMMODATION POSSIBILITIES**

With host: No

Hospital residencies: Yes

Youth hostels: Yes

Links: <http://microsites.juventude.gov.pt/Portal/pt/PFaro.htm>

## **COUNTRY INFORMATION**

Map of the country:



**Languages spoken:** Portuguese

**Currency:** Euro

**Weather:** The climate in Portugal is warm compared to most European countries. Spring and summer are sunny and hot, with fall and winter experiencing wind and rain.

## **Culture and Religion(s):**

Portugal is a multicultural, secular country. Catholicism is the main religion.

Portugal is well known for its beaches, traditional music (Fado), gastronomy and writers like Camões, Fernando Pessoa and Saramago, but this country has a lot more to offer.

Porto, world-wide known by its wine, is Portugal's second largest city and has a diversified cultural agenda with world-class exhibitions and performances at places like Serralves Museum and Casa da Música, a singular, typical atmosphere at either side of the Douro River, or alternative stores with street animation and several art interventions at Miguel Bombarda district.

Lisbon is the capital of Portugal, is the westernmost large city located in Europe and it lies in the western Iberian Peninsula on the Atlantic Ocean and the Tagus River. It is an important place in finance, commerce, media, entertainment, arts, international trade, education, and tourism.

Faro is the southernmost city in Portugal and is the capital of the Algarve region, one of the most popular tourist destinations in Portugal. Its natural beauties and abundant beaches with warm, hot and sunny subtropical-mediterranean climate made tourism and related extensive. Fish, seafood and fruit production are also important activities.

Tourist information (links):

[www.visitportugal.com](http://www.visitportugal.com)

[www.visitporto.travel/Visitar/Paginas/default.aspx](http://www.visitporto.travel/Visitar/Paginas/default.aspx)

[www.visitlisboa.com](http://www.visitlisboa.com)

[www.algarve.pt](http://www.algarve.pt)



# SPAIN

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## **GENERAL INFORMATION**

**Country:** Spain.

**City:** Madrid.

**Hospital:** San Carlos Clinic Hospital.

**Address:** Calle Profesor Martín Lagos, sin número. C.P: 28040. Madrid.

**Website:** [http://www.madrid.org/cs/Satellite?pagename=HospitalClinicoSanCarlos/Page/HCLN\\_home](http://www.madrid.org/cs/Satellite?pagename=HospitalClinicoSanCarlos/Page/HCLN_home)

**National Trainee Organization website:** In progress of being set up.

## **CONTACT INFORMATION**

**Local coordinator:** Helena Trebbau.

**e-mail:** [helentrebbau@gmail.com](mailto:helentrebbau@gmail.com)

**Alternative local coordinators:** Rosa Molina and Saray Rodriguez.

**e-mail:** [rosamolina18@hotmail.com](mailto:rosamolina18@hotmail.com); [saraysaraysaray@hotmail.com](mailto:saraysaraysaray@hotmail.com)

### **There are 3 programmes offered in Madrid**

- Homeless People with Severe Mental Illness
- Personality Disorder Day Hospital
- Day Hospital for Psychotic Disorders

### **Homeless people with severe mental illness**

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#### **ROTATION INFORMATION**

**Area(s):** Social Psychiatry, Community Psychiatry, Homeless.

**Unit:** Unit for the Psychiatric Attention for Homeless People Suffering Severe Mental Illness.

**Length:** between 4 and 6 weeks.

**Periods available to rotate:** All year round.

#### **REQUIREMENTS FOR THIS ROTATION:**

**Local language proficiency:** Basic or fluent Spanish.

**English speaking supervisor available:** Yes.

#### **DESCRIPTION OF THE PROGRAMME(S)**

**Name of the programme:**

“Unit for the Psychiatric Attention for Homeless People Suffering Severe Mental Illness in Madrid.”

**Supervisor(s):**

Dra. María Isabel Vázquez Souza and Dra. Elena Medina Tellez de Meneses.

**Brief description of this programme:**

The aim of this programme, running in the city of Madrid since May 2003, is to provide socio-sanitary attention to all those homeless people suffering severe mental disorders. This Unit provides transitional care and engagement from the street to the mainstream social and sanitary services that usually cannot be reached by their own. The theoretical models sustaining this work are The Assertive Outreach and The Recovery Model.

The trainee that would come between four and six weeks will learn how to **manage difficult to reach homeless people** sleeping in rough environments or living in shelters and how to **face engagement and deal with social and sanitary barriers** to treatment.

It is important to state that treatment periods are usually longer than with regular psychiatric patients; therefore, the trainee that comes for this rotation would probably not be able to follow the full recovery of the patient during such a short period of time. But on the other hand, will indeed gain the valuable knowledge of the first steps towards socio-sanitary reinsertion of these patients.

**Personality Disorder Day Hospital**

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**ROTATION INFORMATION**

**Area(s):** Personality Disorders, Dialectic Behavioural Therapy, Eating Disorders.

**Unit:** Personality Disorder Day Hospital.

**Length:** between 4 and 6 weeks.

**Periods available to rotate:** All year round (except July and August).

## **REQUIREMENTS FOR THIS ROTATION:**

**Local language proficiency:** Basic or fluent Spanish.

**English speaking supervisor available:** Yes.

## **DESCRIPTION OF THE PROGRAMME(S)**

### **Name of the programme:**

“Personality Disorder Day Hospital.”

### **Supervisor(s):**

Dr. Jose Luis Carrasco and Dra. Marina Diaz Marsa.

### **Brief description of this programme:**

The aim of this Day Hospital, running from 2003, is to provide specific and intensive treatment for patients with different personality disorders, especially borderlines. It is a resource which links the work between the ambulatory follow up and the in-patient hospitalization.

The capacity is for 15 patients with different lengths of stay:

- complete: 4 days x 4 hours.
- partial: 1 or 2 days x 4 hours.

Period of treatment varies, from 6 months to 1 year depending of the severity of the pathology. The Unit of Follow Up is meant to maintain the contact with the Day Hospital and it usually consists of 6 more months, with psychotherapeutic and pharmacological supervision.

The main objectives of this Unit are:

For the patient to gain autonomy, increase personal knowledge, more tolerance, autocontrol, better interpersonal relationships with family, friends and co-workers. To develop motivation and vocational capacities.

The different psychotherapeutical groups are based on:

Mentalization-based Therapy.

Dialectic Behavioral Therapy.

Therapy for Problem Solving.

Technics of relaxation and facing stress.

Clinical work consists of:

Individual psychotherapy.

Pharmacotherapy treatment.

Nurse consulting.

Occupational therapy (individual and in groups).

Family interventions.

Liaison with other mental health dispositives.

Unit of research.

In addition, the Unit of Eating Disorders forms part of this Day Hospital and it works with individual and group psychotherapeutic sessions and a daily Therapeutic Dining.

## **Day Hospital for Psychotic Disorders**

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### **ROTATION INFORMATION**

**Area(s):** Crisis and Early Psychotherapeutic Intervention and Early Phase of Rehabilitation in 1<sup>st</sup> Psychotic Episodes.

**Unit:** Day Hospital for Psychotic Disorders.

**Length:** between 2 and 6 weeks.

**Periods available to rotate:** All year round (except July and August).

### **REQUIREMENTS FOR THIS ROTATION:**

**Local language proficiency:** Fluent Spanish.

**English speaking supervisor available:** Yes.

### **DESCRIPTION OF THE PROGRAMME**

**Name of the programme:**

“Day Hospital for Psychotic Disorders.”

**Supervisor(s):**

Dr. Diego Figuera Alvarez and Dra. Cristina Diez-Alegria Galvez.

**Brief description of this programme:**

The aim of this Day Hospital, running since 2005, is to provide an intensive integral treatment for patients with 1st psychotic episodes. The program is based in the following theoretical models:

- Therapeutic Community with Psychodynamic orientation.

- Treatment adapted on individual needs.
- Multifamiliar group therapy.
- Attachment theory.
- Psychosocial recovery model.

Adjusted in an individual oriented treatment, patients assist an average of 4 hours a day to different activities ranging from individual, group and familiar psychotherapy sessions. In addition, patients participate in daily activities prepared by the occupational therapists, such as writing and acting their own theatre play. The team consists of multidisciplinary professionals: with psychiatrists, psychologists, occupational therapists and nurses. Medication is also indicated but in smaller doses than in other units. The average stay is 8 months and at the end of the treatment, patients are oriented to reintegrate in their community environment with employment and social support provided by the social worker from the institution.

This Day Hospital, called Ponzano, is located in one of the nicest quarters in the centre of Madrid. The building is a cosy chalet with a garden and modest sports facilities.

## **ACCOMODATION POSSIBILITIES**

**With host:** No

**Hospital residencies:** No

**Hostels and Youth Hostels:** Yes

**Links:** The following link is a search engine provided by the Major Office in Madrid for different youth hostels, hostels and hotels. It is recommended to choose accommodation in the "Centro" district to be able to live Madrid at its fullest. <http://www.esmadrid.com/en/tratarBuscadorHotel.do>

## COUNTRY INFORMATION

### Map of the country:



**Languages spoken:** Spanish.

**Currency:** Euros.

**Weather:** Madrid has a continental climate with temperatures ranging from 0°C to 40°C between the summer and winter seasons.

### **Culture and Religion(s):**

Spain is a multicultural country and the main cultural roots are Christian, Arabian and Jewish. The main religion at the present time is Catholicism. Madrid is one of the most cosmopolitan and opened cities in Europe and has one of the biggest event agendas, ranging from “traditional” flamenco to the most “vanguard” artists.

It is also worldwide known for its non-stop nightlife, great gastronomy and the famous gay district, Chueca, heart of the annual gay parade in Spain. Because of this, it is important to know that time schedules vary in Spain; so working hours start at 9am and finish by 3pm, which means that

lunch time is around 3pm, dinner around 10pm and many shops close from 3pm to 5pm for lunch and following "siesta".

**Helpful Tourist links:**

<http://esmadrid.com>

<http://www.tour-madrid.com/areas/servicios/informacion.asp>

**Additional information about the country:**

Public transportation works very well, with more than 10 subway lines and buses that run 24 – 7, connecting all of the areas of Madrid.

For visiting the rest of Spain, high speed and regular trains are available, with buses and planes also as a choice for transport.

Public Health Care is nationwide and the emergency numbers are 112 and 061. For information provided by the Major Office in Madrid, the number is 010.



# United Kingdom

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## **GENERAL INFORMATION**

**Country:** UK

**City:** London

**Hospital:** South London and Maudsley NHS Foundation Trust and Institute of Psychiatry, Kings College London

**Address:**

Please note that South London and Maudsley Foundation Trust incorporates several hospitals in south London such as The Bethlem Royal Hospital (Kent), Lambeth Hospital, Lewisham Hospital and many community teams and units. Please check the website for further information on the services provided.

Maudsley Hospital

Denmark Hill,

London SE5 8AZ

Website: <http://www.slam.nhs.uk/>

Institute of Psychiatry

King's College London

De Crespigny Park

London SE5 8AF

Website: <http://www.kcl.ac.uk/iop/index.aspx>

**National Trainee Organization website:**

<http://www.rcpsych.ac.uk/specialtytraining/trainees/ptc.aspx>

**CONTACT INFORMATION**

**Local coordinator:** Marisa Casanova Dias

**e-mail:** marisa.dias@gmail.com

**ROTATION INFORMATION**

***The Maudsley Training Programme***

<http://www.maudsleytraining.com/index.html>

The highlights of this training programme are:

High quality training in evidenced-based psychiatry, working in a wide range of specialties, sub-specialities and clinical settings.

Extensive opportunities to develop clinical skills and competencies under supervision and through simulation training.

Excellent research opportunities, supported by senior academic staff to assist pursuing academic interests, and writing publications.

Access to world-class educational resources from affiliations with the Institute of Psychiatry, King's College London and King's Health Partners

**Areas:**

General Adult, including Eating Disorders, Neuropsychiatry, Liaison, Addictions, rehabilitation psychiatry  
Child and Adolescent Psychiatry  
Learning Disabilities  
Forensic Psychiatry  
Old Age Psychiatry

**Units:** Any unit from Maudsley training scheme, subject to prior approval

**Length:** 2- 4 weeks

**Periods available to rotate:**

2 vacancies for the period January - July:

2 vacancies August - December

**REQUIREMENTS FOR THIS ROTATION:**

Local language proficiency: Fluent English

**BRIEF DESCRIPTION OF THE PROGRAMME(S)**

Visiting trainees can get involved in a variety of clinical activities. We will try our best to accommodate their wishes and interests, though not all may be possible. Posts available include inpatient and community adult psychiatry, psychiatry of older adults, early onset psychosis, rehabilitation psychiatry, psychotherapies, liaison psychiatry, neuropsychiatry, addictions, forensic psychiatry, psychiatry of learning disability, child and adolescent psychiatry and specialised placements in national units for affective disorders, eating disorders, personality disorders, neuropsychiatry and treatment resistant psychosis.

Trainees may also engage in teaching or research activities.

The timetable will be agreed with local coordinator after liaising with the relevant heads of department and prior to the start of the exchange.

**Supervisor:**

Dr John Moriarty is the Director of Postgraduate Medical Education.

There will be different clinical supervisors according to the units the trainee attends.

## **ACCOMMODATION POSSIBILITIES**

With host: It may be possible for short periods

Hospital residencies: Yes. Application needs to be done well in advance.

Youth hostels and Affordable hotels: Yes

[www.hotels.com](http://www.hotels.com)

[www.hostels.com](http://www.hostels.com)

[www.booking.com](http://www.booking.com)

[www.gumtree.co.uk](http://www.gumtree.co.uk) – to find rooms or a flat to rent in London

## **TRAVEL AND HEALTH INSURANCE**

To be arranged by the participant prior to departure.

## **COUNTRY INFORMATION**

**Map of the country:**



About London:

[www.london.gov.uk/](http://www.london.gov.uk/)

[www.tfl.gov.uk](http://www.tfl.gov.uk) – to find your way around the city

<http://www.timeout.com/london/> - a guide to arts, culture, and going out in the capital

<http://www.visitlondon.com/>

### **Languages spoken:**

English

### **Currency:**

Pound sterling (GBP)

**Weather:** weather is an enduring English obsession. London has a temperate oceanic climate. Check <http://www.metoffice.gov.uk/weather/> for details.

The UK's weather is strongly influenced by the sea which surrounds the British Isles keeping the winters relatively warm but also summers cooler.

Many people from overseas believe that it rains a lot in London, but in fact rainfall is similar to that in other European capitals. Rainfall is evenly spread during the year, so even in summer you may experience wet weather.

### **Culture and Religion(s):**

London is the capital of England and the United Kingdom, the largest metropolitan area in the UK, and the largest urban zone in the European Union by most measures. London is a leading global city, with strengths in the arts, commerce, education, entertainment, fashion, finance, healthcare, media, professional services, research and development, tourism and transport all contributing to its prominence. It has the most international visitors of any city in the world.

London has a diverse range of peoples, cultures and religions and more than 300 languages are spoken within its boundaries. London's metropolitan area is the largest in the EU with an estimated population of between 12 and 14 million.

The majority of Londoners – 58.2 per cent – identify themselves as Christians. This is followed by those of [no religion](#) (15.8 per cent), [Muslims](#) (8.5 per cent), [Hindus](#) (4.1 per cent), Jews (2.1 per cent), [Sikhs](#) (1.5 per cent), [Buddhists](#) (0.8 per cent) and other (0.2 per cent), though 8.7 per cent of people did not answer this question in the 2001 Census.